

NORTH LANARK COMMUNITY HEALTH CENTRE

Healthy Young Families Program



**Do you have children aged 0 – 6 years old?
Are you pregnant?**

**The Healthy Young Families Program is for you.
We provide programming throughout Lanark County
for families with children aged 0 – 6 years old
and pregnant women.**

- Prenatal, well baby, child and adult care, including immunizations
- Nutrition Counselling
- Individual, Family and Couple Counselling
- Speech language services for children aged 0 – 5 years old
- Clinics located in Lanark, Carleton Place and Smiths Falls
- Community Presentations and Workshops

Staffed by:

**Community Developer
Nurse Practitioner – Primary Health Care
Registered Dietitian
Social Work Counsellor, RSW
Speech-Language Pathologist**

For more information, please call Maggie
at 613 259-2182 or 1-866-762-0496



**North Lanark
Community Health Centre**
A part of Lanark Health and Community Services



**Ontario's Community
Health Centres**
Every One Matters.

(613) 259-2182 www.northlanarkchc.on.ca

1-866-762-0496